

# Bridges to Health Segment Definitions



1	Healthy / Generally Well	People who are 'healthy or generally well', though may have acute, but self-limiting problems. The principal care processes involved relate to primary prevention, with the aim of slowing people developing a first long term condition or disability.
2	Maternal Health	People during prenatal, delivery and perinatal care.
3	Acute	People with an acute illness, and are likely to return to their former level of health. Acute illness is defined as an illness that develops quickly, often severe, and lasts a relatively short period of time (often less than 1 month). Occurrences of acute episodes are often outcomes themselves for people in other segments.
4	Long Term Conditions	People with one or more Long Term Conditions (LTCs) have chronic illnesses that are rarely resolved, but which can be treated to maintain stability, and often slow progression.
5	Disability	People with one or more serious disability, including both physical and learning disabilities.
6	Incurable cancer	People with cancer who have a trajectory described as having a reasonably predictable decline in physical health over a period of weeks, months, or, in some cases, years. Almost all people in this segment are expected to die over a period of 12 months, and therefore often receiving care from palliative care services.
7	Organ Failure	People with one or more organ system failure, or suffer frequent serious exacerbations of chronic illness. This includes people with neurological conditions, or organ failure (heart, lung, liver, kidney).
8	Frailty and Dementia	People with moderate or severe frailty who are 65 years and over, or dementia, who are typically on a gradual course of decline.

Source: Lynn J, Straube BM, Bell KM, et al. Using population segmentation to provide better health care for all: the "Bridges to Health" model. *The Milbank Quarterly* 2007; 85(2):185-208.

# Kent & Medway 'Core' Segments - Configuration



<p><b>1</b> Healthy / Generally Well</p>	<p><b>4</b> LTCs</p>	<p><b>5</b> Disability</p>	<p><b>6</b> Incurable Cancer</p>	<p><b>7</b> Organ Failure</p>	<p><b>8</b> Frailty and Dementia</p>
<p>People who are currently healthy / generally well:</p> <p>Defined as people who do not meet the criteria of any other segments</p> <p>All ages</p>	<p>People with one or more LTCs:</p> <p>Defined as:</p> <ul style="list-style-type: none"> <li>Alcohol Dependence</li> <li>Asthma</li> <li>Atrial Fibrillation</li> <li>Bronchiectasis</li> <li>Cancer</li> <li>Cerebrovascular Disease</li> <li>Chronic Kidney Disease</li> <li>Chronic Liver Diseases</li> <li>Chronic Pain</li> <li>COPD</li> <li>Coronary Heart Disease</li> <li>Cystic Fibrosis</li> <li>Depression</li> <li>Diabetes</li> <li>Epilepsy</li> <li>Heart Failure</li> <li>Hypertension</li> <li>Inflammatory Bowel Disease</li> <li>Multiple Sclerosis</li> <li>Osteoarthritis</li> <li>Osteoporosis</li> <li>Parkinson's Disease</li> <li>Peripheral Vascular Disease</li> <li>Pulmonary Heart Disease</li> <li>Rheumatoid Arthritis</li> <li>Serious Mental Illness</li> </ul> <p>All ages</p>	<p>People with a learning disability or physical disability:</p> <p>Defined as:</p> <ul style="list-style-type: none"> <li>Learning Disability</li> <li>Physical Disability (includes neurological, congenital, musculoskeletal, visual and hearing disability)</li> </ul> <p>All ages</p>	<p>People with cancer who are expected to die over a short period:</p> <p>Defined as people with a diagnosis of cancer who are also on the GP palliative care register or people receiving palliative care in secondary care</p> <p>All ages</p>	<p>People with one or more organ failure conditions:</p> <p>Defined as:</p> <ul style="list-style-type: none"> <li>End Stage Renal Failure</li> <li>Liver Failure</li> <li>Neurological Organ Failure (includes Motor Neurone Disease, Huntington's Disease, End Stage Parkinson's Disease and End Stage Multiple Sclerosis)</li> <li>Severe COPD</li> <li>Severe Heart Failure</li> <li>Severe Interstitial Lung Disease</li> </ul> <p>All ages</p>	<p>People with frailty and/or dementia:</p> <p>Defined as:</p> <ul style="list-style-type: none"> <li>Dementia (18+)</li> <li>Moderate Frailty (65+)</li> <li>Severe Frailty (65+)</li> </ul> <p>Frailty based on electronic Frailty Index (eFI)</p> <p>People expected to die over a period of 12 months: Defined as people on the GP palliative care register in segments 6, 7 or 8</p> <p>Outcomes Based Healthcare</p>
<p><b>NHS</b> <b>Kent and Medway</b></p> <p><b>Risk Factors</b></p> <ul style="list-style-type: none"> <li>Smoking</li> <li>Obesity</li> </ul> <p><b>Additional Conditions</b></p> <ul style="list-style-type: none"> <li>Autistic Spectrum Disorder</li> </ul>					